

QUESTION OF THE WEEK

Q: How can I keep my children safe around the water this summer?



Jessica Schumaker

Physicians' Primary Care of Southwest Florida

Children are involved in many recreational activities during the summer, allowing for fun new experiences. Water activities are a favorite among many children in Southwest Florida. Ensure adequate adult supervision while swimming in the pool or playing at the beach. Enroll your children in swim lessons available for all ages, from infancy survival swim through adulthood. Utilize life jackets while boating. And don't forget the sunscreen!

— Jessica Schumaker is an advanced registered nurse practitioner with Physicians' Primary Care of Southwest Florida in the Fort Myers Pediatrics office at 9350 Camelot Drive (239-481-5437) and the Cape Coral Pediatrics office at 1261 Viscaya Parkway, Suite 101 (239-573-7337). ppcswfl.com