

# Follow My Health Patient Portal

Physicians Primary Care of Southwest Florida offers patient's the ability to access their own health records via our patient portal. Patients may request appointments, request refills on medications, receive copies of lab tests, request referrals to specialists, and use our secure messaging feature.

To access this site you must receive an invitation from your provider's office. Once you have created your portal account you have the ability to grant access to your family or friends to access your health information. You can do this from the preferences area on your account. You can allow as many people as you want to have a view only access or full access. This is a great feature for husbands and wives or adult children and their elderly parents.

If you have any questions please contact your provider's office or contact our portal help desk at 239-477-5046 or by email at [patientportal@ppcswfl.com](mailto:patientportal@ppcswfl.com).

*\*Ages 13-17 are considered a young adult, only secure messaging, refill requests, and appointment requests are available. No updated health information will be added to the patient's health record due to Privacy and Confidentiality Laws.*

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## **Please Complete the Below to Access Your Young Adults Portal Account via Proxy Access (This is for ages 13-17 only)**

I grant access to the following individuals to have access to my child or children's Patient Health Record that is included with the Follow My Health Patient Portal located on PPC's website ([www.ppcswfl.com](http://www.ppcswfl.com)).

(Please complete all information including for yourself if you would like access.)

NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY, STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY, STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

Patient or Authorized Representative Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient or Authorized Representative Printed Name: \_\_\_\_\_

1255 Viscaya Parkway, Suite 200  
Cape Coral, Florida 33990  
239.574.1988

1304 SE 8<sup>th</sup> Terrace  
Cape Coral, FL 33990  
239.574.1988

5700 Lee Boulevard  
Lehigh Acres, Florida 33971  
239.482.1010

1708 Cape Coral Parkway, Suite 4  
Cape Coral, FL 33914  
239.945.5940

7381 College Parkway, Suite 110  
Fort Myers, Florida 33907  
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