



Child Exposed to COVID

Physicians'
Primary
Care 
OF SOUTHWEST FLORIDA


Do you have any symptoms?

No


Is your child vaccinated OR had a positive COVID test in the past 3 months?

No

Quarantine for 10 days from your child's last exposure; no COVID test is necessary. If you choose, your child may get a PCR test on day 5. If the test is negative, their quarantine can end on day 7. If symptoms develop during quarantine, your child should get tested.

Yes

There is no need for your child to quarantine, but they must wear a mask for 14 days after exposure, and get a PCR test on day 3-5, and test again if any symptoms develop.

Yes



Get a test.

If symptoms are mild, any testing site* is ok. If symptoms are moderate make an appointment with your PPC Pediatrics.

Are the test results positive?

No

Quarantine for 10 days. Make sure symptoms are improving and their fever is gone for 24 hours by day 10. If you choose, your child may get a PCR test on day 5. If the test is negative, their quarantine can end early on day 7.

Yes

Isolate for 10 days. Stay in a separate bedroom and avoid contact with family members if possible. Wear a mask and stay 6 feet from everyone. Isolation may stop after 10 days and over 24 hours without a fever.

Note: If anyone in your household tests positive, each member needs to quarantine according to the above guidelines.

**For testing sites, Google "COVID testing Lee County." (Do not get a home test.) Visit CDC.gov for more information.*