

Exposed to COVID

Updated April 19, 2022

Physicians'
Primary
Care 
OF SOUTHWEST FLORIDA


Do you have any symptoms?

▶
Yes

◀
No



Get a test.

If symptoms are mild, any testing site* is ok. If symptoms are moderate make an appointment with your PPC provider.

Are the test results positive?

▼
No

Quarantine for 5 days and if symptoms have improved wear a mask around others for an additional 5 days. Do not travel for 10 days from onset of symptoms

▼
Yes

Isolate for 5 days and if symptoms have improved wear a mask around others for an additional 5 days. Do not travel for 10 days from onset of symptoms.


Are you fully vaccinated
including recommended boosters
OR
had a positive COVID test in the past 3 months?

▼
No

Quarantine for 5 days and wear a mask around others for an additional 5 days. Do not travel for 10 days. If symptoms develop during quarantine, you should get tested.

▼
Yes

There is no need to quarantine. Wear a mask for 10 days after exposure and get PCR tested on day 5. Test again if any symptoms develop.

Note: If anyone in your household tests positive, each member needs to quarantine according to the above guidelines.

**For testing sites, Google "COVID testing Lee County."
If you use a home test that is positive, you should get a rapid or PCR test for confirmation.
Visit [CDC.gov](https://www.cdc.gov) for more information.*